

JANUARY 2025

FOYNES ISLAND TIDE TABLE



Date	Time	Ht	Time	Ht	Time	Ht	Time	Ht
Wed 1	00:25	0.90	06:50	5.30	12:51	0.70	19:18	5.10
Thurs 2	01:06	0.90	07:31	5.40	13:32	0.60	19:59	5.10
Fri 3	01:46	0.80	08:12	5.40	14:13	0.50	20:41	5.10
Sat 4	02:27	0.90	08:54	5.30	14:54	0.60	21:24	5.00
Sun 5	03:10	1.00	09:38	5.20	15:39	0.70	22:12	4.90
Mon 6 	03:57	1.10	10:27	5.00	16:28	0.90	23:06	4.80
Tue 7	04:52	1.30	11:26	4.80	17:26	1.10		
Wed 8	00:08	4.70	05:59	1.50	12:33	4.70	18:35	1.30
Thurs 9	01:17	4.70	07:14	1.50	13:47	4.70	19:46	1.30
Fri 10	02:27	4.70	08:28	1.40	15:02	4.70	20:56	1.30
Sat 11	03:36	4.90	09:36	1.10	16:12	4.90	22:00	1.20
Sun 12	04:38	5.10	10:37	0.90	17:12	5.00	22:57	1.00
Mon 13 	05:32	5.20	11:30	0.70	18:03	5.10	23:47	0.90
Tue 14			06:19	5.30	12:18	0.60	18:47	5.20
Wed 15	00:31	0.80	07:00	5.40	13:00	0.50	19:27	5.10
Thurs 16	01:11	0.80	07:37	5.40	13:38	0.50	20:01	5.10
Fri 17	01:47	0.80	08:10	5.30	14:13	0.60	20:33	4.90
Sat 18	02:20	0.90	08:41	5.10	14:46	0.80	21:05	4.80
Sun 19	02:52	1.10	09:12	4.90	15:17	1.00	21:38	4.60
Mon 20	03:24	1.30	09:46	4.70	15:50	1.30	22:16	4.40
Tue 21 	04:02	1.60	10:27	4.40	16:30	1.60	23:03	4.20
Wed 22	04:51	1.80	11:21	4.20	17:24	1.80		
Thurs 23	00:06	4.10	06:01	2.00	12:32	4.00	18:38	2.00
Fri 24	01:20	4.10	07:23	2.00	13:53	4.00	19:53	2.00
Sat 25	02:29	4.20	08:34	1.80	15:04	4.10	20:58	1.80
Sun 26	03:29	4.50	09:34	1.60	16:04	4.40	21:56	1.50
Mon 27	04:21	4.70	10:27	1.20	16:54	4.70	22:46	1.20
Tue 28	05:09	5.00	11:14	0.90	17:40	4.90	23:32	1.00
Wed 29 	05:53	5.30	11:58	0.60			18:23	5.20
Thurs 30	00:14	0.70	06:37	5.50	12:39	0.30	19:06	5.40
Fri 31	00:55	0.50	07:19	5.60	13:19	0.10	19:47	5.40

FEBRUARY 2025

FOYNES ISLAND TIDE TABLE



Date	Time	Ht	Time	Ht	Time	Ht	Time	Ht
Sat 1	01:35	0.40	08:00	5.70	13:58	0.10	20:27	5.40
Sun 2	02:13	0.40	08:40	5.60	14:37	0.20	21:07	5.30
Mon 3	02:52	0.60	09:21	5.40	15:16	0.40	21:48	5.10
Tue 4	03:34	0.80	10:05	5.20	15:59	0.80	22:34	4.90
Wed 5 	04:21	1.10	10:57	4.80	16:50	1.20	23:31	4.60
Thurs 6	05:23	1.40	12:05	4.50	17:57	1.50		
Fri 7	00:43	4.40	06:45	1.60	13:29	4.30	19:21	1.70
Sat 8	02:07	4.40	08:14	1.60	14:59	4.40	20:46	1.70
Sun 9	03:30	4.60	09:33	1.30	16:14	4.60	21:58	1.40
Mon 10	04:36	4.90	10:34	1.00	17:10	4.90	22:53	1.10
Tue 11	05:27	5.10	11:22	0.70	17:55	5.00	23:38	0.90
Wed 12 			06:09	5.30	12:04	0.50	18:33	5.10
Thurs 13	00:16	0.70	06:45	5.40	12:40	0.40	19:06	5.20
Fri 14	00:51	0.60	07:15	5.40	13:14	0.40	19:35	5.20
Sat 15	01:23	0.60	07:43	5.30	13:44	0.50	20:02	5.10
Sun 16	01:52	0.70	08:10	5.20	14:11	0.60	20:29	5.00
Mon 17	02:19	0.80	08:37	5.10	14:38	0.80	20:58	4.80
Tue 18	02:47	1.00	09:08	4.80	15:05	1.10	21:30	4.60
Wed 19	03:18	1.30	09:43	4.50	15:37	1.40	22:09	4.30
Thurs 20 	03:57	1.60	10:25	4.20	16:18	1.80	22:59	4.10
Fri 21	04:50	1.90	11:26	3.90	17:19	2.10		
Sat 22	00:11	3.90	06:19	2.10	12:58	3.80	19:00	2.20
Sun 23	01:39	4.00	07:55	2.00	14:30	3.90	20:29	2.00
Mon 24	02:54	4.20	09:08	1.60	15:40	4.30	21:36	1.60
Tue 25	03:55	4.60	10:06	1.20	16:34	4.70	22:29	1.20
Wed 26	04:47	5.00	10:54	0.70	17:21	5.00	23:14	0.80
Thurs 27	05:34	5.30	11:38	0.30	18:04	5.40	23:57	0.40
Fri 28 			06:17	5.60	12:19	0.00	18:45	5.60

MARCH 2025

FOYNES ISLAND TIDE TABLE



Date	Time	Ht	Time	Ht	Time	Ht	Time	Ht
Sat 1	00:36	0.10	07:00	5.80	12:58	-0.20	19:26	5.70
Sun 2	01:15	0.00	07:41	5.90	13:37	-0.20	20:05	5.70
Mon 3	01:53	0.10	08:21	5.80	14:14	0.00	20:44	5.50
Tue 4	02:31	0.30	09:01	5.50	14:52	0.40	21:23	5.20
Wed 5	03:10	0.60	09:44	5.10	15:32	0.80	22:06	4.90
Thurs 6 	03:56	1.00	10:36	4.70	16:20	1.30	23:02	4.50
Fri 7	04:57	1.50	11:47	4.30	17:29	1.80		
Sat 8	00:19	4.20	06:30	1.70	13:21	4.10	19:09	2.00
Sun 9	01:55	4.20	08:10	1.60	14:58	4.20	20:45	1.80
Mon 10	03:25	4.50	09:26	1.30	16:07	4.60	21:51	1.40
Tue 11	04:26	4.80	10:20	0.90	16:56	4.80	22:39	1.10
Wed 12	05:11	5.00	11:03	0.70	17:35	5.00	23:18	0.80
Thurs 13	05:48	5.20	11:40	0.50	18:08	5.10	23:53	0.60
Fri 14 			06:19	5.30	12:13	0.40	18:37	5.20
Sat 15	00:25	0.50	06:47	5.30	12:43	0.40	19:03	5.20
Sun 16	00:54	0.50	07:13	5.30	13:11	0.40	19:29	5.20
Mon 17	01:21	0.60	07:40	5.20	13:37	0.60	19:56	5.10
Tue 18	01:48	0.70	08:08	5.00	14:02	0.80	20:24	5.00
Wed 19	02:15	0.90	08:38	4.80	14:28	1.10	20:55	4.70
Thurs 20	02:45	1.10	09:10	4.50	14:59	1.40	21:29	4.40
Fri 21	03:20	1.40	09:48	4.20	15:36	1.70	22:12	4.20
Sat 22 	04:07	1.70	10:41	3.90	16:30	2.10	23:17	3.90
Sun 23	05:23	2.00			12:09	3.80	18:08	2.20
Mon 24	00:50	3.90	07:14	1.90	13:52	3.90	19:57	2.00
Tue 25	02:15	4.20	08:35	1.50	15:08	4.30	21:08	1.60
Wed 26	03:22	4.60	09:35	1.00	16:05	4.70	22:02	1.10
Thurs 27	04:17	5.00	10:26	0.50	16:53	5.20	22:49	0.60
Fri 28	05:06	5.40	11:11	0.10	17:37	5.50	23:32	0.20
Sat 29 	05:52	5.70	11:53	-0.20			18:19	5.70
Sun 30	00:12	0.00	07:36	5.90	13:33	-0.30	20:01	5.80
Mon 31	01:52	-0.10	08:19	5.90	14:12	-0.20	20:41	5.70

APRIL 2025

FOYNES ISLAND TIDE TABLE



Date	Time	Ht	Time	Ht	Time	Ht	Time	Ht
Tue 1	02:31	0.00	09:01	5.70	14:50	0.10	21:20	5.50
Wed 2	03:10	0.20	09:43	5.40	15:29	0.50	22:01	5.20
Thurs 3	03:52	0.60	10:29	5.00	16:10	1.00	22:46	4.80
Fri 4	04:39	1.10	11:23	4.50	17:00	1.50	23:42	4.50
Sat 5	05:45	1.50			12:36	4.20	18:14	2.00
Sun 6	01:00	4.20	07:20	1.70	14:09	4.00	19:58	2.10
Mon 7	02:36	4.20	08:51	1.60	15:38	4.20	21:26	1.80
Tue 8	04:00	4.40	10:01	1.30	16:41	4.50	22:26	1.40
Wed 9	04:58	4.70	10:51	1.00	17:27	4.80	23:11	1.10
Thurs 10	05:41	4.90	11:32	0.70	18:03	5.00	23:49	0.80
Fri 11			06:15	5.00	12:08	0.60	18:34	5.10
Sat 12	00:23	0.70	06:46	5.10	12:40	0.50	19:03	5.20
Sun 13	00:55	0.60	07:15	5.20	13:10	0.50	19:30	5.20
Mon 14	01:24	0.50	07:44	5.20	13:38	0.60	19:59	5.20
Tue 15	01:52	0.60	08:13	5.10	14:05	0.70	20:27	5.10
Wed 16	02:21	0.70	08:43	4.90	14:32	0.90	20:57	5.00
Thurs 17	02:50	0.80	09:15	4.70	15:01	1.10	21:29	4.80
Fri 18	03:21	1.00	09:48	4.50	15:33	1.30	22:03	4.50
Sat 19	03:58	1.30	10:26	4.20	16:13	1.60	22:45	4.30
Sun 20	04:46	1.50	11:18	4.00	17:08	1.90	23:46	4.10
Mon 21	05:56	1.70			12:37	3.90	18:34	2.10
Tue 22	01:10	4.10	07:32	1.70	14:12	4.10	20:15	1.90
Wed 23	02:34	4.30	08:53	1.30	15:26	4.40	21:29	1.50
Thurs 24	03:42	4.60	09:56	0.90	16:26	4.80	22:27	1.00
Fri 25	04:41	5.00	10:50	0.50	17:18	5.20	23:17	0.60
Sat 26	05:34	5.40	11:39	0.20			18:05	5.50
Sun 27	00:03	0.30	06:24	5.60	12:24	0.00	18:51	5.70
Mon 28	00:47	0.00	07:11	5.70	13:07	-0.10	19:34	5.70
Tue 29	01:30	0.00	07:58	5.70	13:49	0.10	20:18	5.70
Wed 30	02:12	0.10	08:44	5.50	14:30	0.40	21:00	5.50

MAY 2025

FOYNES ISLAND TIDE TABLE



Date	Time	Ht	Time	Ht	Time	Ht	Time	Ht
Thurs 1	02:55	0.30	09:30	5.20	15:12	0.70	21:44	5.20
Fri 2	03:41	0.70	10:18	4.90	15:56	1.20	22:31	4.80
Sat 3	04:32	1.00	11:13	4.50	16:49	1.60	23:27	4.50
Sun 4 	05:36	1.40	12:20	4.20	17:59	1.90		
Mon 5	00:38	4.30	06:54	1.50	13:37	4.10	19:24	2.00
Tue 6	01:57	4.20	08:10	1.50	14:53	4.20	20:42	1.80
Wed 7	03:13	4.30	09:16	1.30	15:56	4.40	21:44	1.50
Thurs 8	04:13	4.50	10:09	1.10	16:44	4.60	22:32	1.20
Fri 9	04:59	4.70	10:52	1.00	17:23	4.80	23:12	1.00
Sat 10	05:37	4.80	11:30	0.90	17:57	5.00	23:49	0.80
Sun 11			06:11	4.90	12:04	0.80	18:28	5.10
Mon 12 	00:23	0.70	06:44	4.90	12:37	0.80	19:00	5.10
Tue 13	00:56	0.70	07:17	4.90	13:08	0.80	19:31	5.10
Wed 14	01:28	0.70	07:51	4.90	13:39	0.90	20:04	5.10
Thurs 15	02:00	0.80	08:25	4.80	14:10	1.00	20:37	5.00
Fri 16	02:33	0.80	08:59	4.70	14:43	1.10	21:11	4.80
Sat 17	03:08	1.00	09:35	4.50	15:20	1.30	21:49	4.70
Sun 18	03:48	1.10	10:16	4.40	16:04	1.50	22:32	4.50
Mon 19	04:37	1.20	11:07	4.20	16:58	1.60	23:28	4.40
Tue 20 	05:39	1.30			12:15	4.20	18:09	1.70
Wed 21	00:39	4.30	06:53	1.30	13:33	4.30	19:31	1.60
Thurs 22	01:53	4.50	08:08	1.10	14:43	4.50	20:45	1.40
Fri 23	03:02	4.70	09:14	0.90	15:45	4.80	21:47	1.00
Sat 24	04:04	5.00	10:13	0.60	16:42	5.10	22:44	0.70
Sun 25	05:03	5.20	11:06	0.40	17:34	5.30	23:36	0.40
Mon 26	05:59	5.40	11:57	0.30			18:25	5.50
Tue 27 	00:25	0.30	06:52	5.40	12:45	0.30	19:13	5.50
Wed 28	01:12	0.20	07:43	5.40	13:31	0.40	20:01	5.50
Thurs 29	02:00	0.30	08:32	5.30	14:16	0.60	20:47	5.40
Fri 30	02:46	0.40	09:20	5.10	15:01	0.90	21:32	5.20
Sat 31	03:34	0.60	10:07	4.80	15:47	1.10	22:18	4.90

JUNE 2025

FOYNES ISLAND TIDE TABLE



Date	Time	Ht	Time	Ht	Time	Ht	Time	Ht
Sun 1	04:23	0.90	10:56	4.60	16:36	1.40	23:07	4.70
Mon 2	05:15	1.10	11:50	4.30	17:31	1.60	00:03	4.40
Tue 3 🌙			06:14	1.30	12:50	4.20	18:35	1.80
Wed 4	01:05	4.30	07:16	1.50	13:54	4.20	19:43	1.80
Thurs 5	02:12	4.20	08:18	1.50	14:56	4.20	20:47	1.60
Fri 6	03:14	4.30	09:15	1.40	15:51	4.40	21:43	1.50
Sat 7	04:09	4.40	10:04	1.30	16:37	4.60	22:31	1.30
Sun 8	04:56	4.50	10:49	1.20	17:18	4.70	23:14	1.10
Mon 9	05:38	4.60	11:29	1.10	17:56	4.90	23:54	1.00
Tue 10			06:18	4.70	12:08	1.10	18:33	4.90
Wed 11 🌧️	00:33	0.90	06:57	4.70	12:45	1.00	19:10	5.00
Thurs 12	01:10	0.80	07:35	4.80	13:21	1.00	19:47	5.00
Fri 13	01:47	0.80	08:12	4.80	13:58	1.00	20:24	5.00
Sat 14	02:24	0.80	08:50	4.70	14:36	1.00	21:01	5.00
Sun 15	03:02	0.80	09:29	4.70	15:15	1.10	21:41	4.90
Mon 16	03:43	0.80	10:11	4.60	15:58	1.10	22:23	4.80
Tue 17	04:28	0.80	10:57	4.60	16:47	1.30	23:13	4.70
Wed 18 🌙	05:19	0.90	11:52	4.50	17:43	1.30		
Thurs 19	00:11	4.60	06:18	1.00	12:56	4.50	18:50	1.40
Fri 20	01:16	4.60	07:25	1.00	14:02	4.60	20:02	1.30
Sat 21	02:25	4.70	08:33	1.00	15:07	4.70	21:11	1.10
Sun 22	03:33	4.80	09:38	0.90	16:10	4.90	22:15	0.90
Mon 23	04:40	4.90	10:39	0.80	17:11	5.10	23:15	0.70
Tue 24	05:44	5.00	11:37	0.70			18:09	5.20
Wed 25 🌧️	00:11	0.50	06:42	5.10	12:31	0.70	19:02	5.30
Thurs 26	01:03	0.40	07:36	5.10	13:21	0.70	19:51	5.30
Fri 27	01:52	0.30	08:24	5.10	14:07	0.70	20:37	5.30
Sat 28	02:38	0.40	09:08	5.00	14:51	0.80	21:19	5.20
Sun 29	03:21	0.50	09:49	4.90	15:32	0.90	21:58	5.10
Mon 30	04:02	0.70	10:29	4.70	16:12	1.10	22:38	4.80

JULY 2025

FOYNES ISLAND TIDE TABLE



Date	Time	Ht	Time	Ht	Time	Ht	Time	Ht
Tue 1	04:43	0.90	11:10	4.50	16:53	1.30	23:19	4.60
Wed 2 	05:25	1.20	11:55	4.30	17:39	1.50		
Thurs 3	00:07	4.30	06:13	1.40	12:48	4.20	18:36	1.70
Fri 4	01:04	4.10	07:11	1.60	13:49	4.10	19:43	1.80
Sat 5	02:11	4.00	08:14	1.70	14:52	4.20	20:50	1.70
Sun 6	03:18	4.10	09:14	1.60	15:50	4.30	21:50	1.60
Mon 7	04:19	4.20	10:10	1.50	16:42	4.50	22:44	1.40
Tue 8	05:11	4.30	11:01	1.40	17:29	4.60	23:32	1.20
Wed 9	05:58	4.50	11:47	1.30			18:11	4.80
Thurs 10 	00:16	1.00	06:40	4.60	12:30	1.10	18:52	4.90
Fri 11	00:57	0.80	07:21	4.80	13:11	1.00	19:32	5.10
Sat 12	01:37	0.60	08:01	4.90	13:50	0.80	20:12	5.20
Sun 13	02:15	0.50	08:40	5.00	14:28	0.70	20:52	5.20
Mon 14	02:53	0.40	09:20	5.00	15:07	0.70	21:31	5.20
Tue 15	03:31	0.40	09:59	4.90	15:46	0.80	22:11	5.10
Wed 16	04:11	0.50	10:41	4.90	16:28	0.90	22:54	5.00
Thurs 17	04:55	0.70	11:27	4.70	17:16	1.10	23:44	4.80
Fri 18 	05:45	0.90			12:22	4.60	18:13	1.30
Sat 19	00:45	4.60	06:46	1.10	13:27	4.60	19:25	1.40
Sun 20	01:57	4.50	07:59	1.30	14:38	4.60	20:44	1.30
Mon 21	03:16	4.50	09:13	1.30	15:51	4.70	21:59	1.20
Tue 22	04:34	4.60	10:25	1.20	17:03	4.80	23:07	0.90
Wed 23	05:43	4.80	11:30	1.00			18:05	5.00
Thurs 24 	00:06	0.60	06:41	5.00	12:25	0.90	18:57	5.20
Fri 25	00:57	0.40	07:29	5.10	13:13	0.70	19:43	5.30
Sat 26	01:41	0.30	08:12	5.10	13:54	0.60	20:22	5.40
Sun 27	02:21	0.30	08:49	5.10	14:33	0.60	20:58	5.30
Mon 28	02:58	0.30	09:22	5.00	15:08	0.70	21:30	5.20
Tue 29	03:32	0.50	09:54	4.90	15:40	0.90	22:02	5.00
Wed 30	04:04	0.80	10:26	4.70	16:12	1.10	22:35	4.70
Thurs 31	04:36	1.10	11:02	4.50	16:47	1.30	23:12	4.40

AUGUST 2025 FOYNES ISLAND TIDE TABLE



Date		Time	Ht	Time	Ht	Time	Ht	Time	Ht
Fri	1	05:11	1.40	11:44	4.30	17:31	1.60	00:00	4.10
Sat	2	05:58	1.70			12:40	4.10	18:32	1.90
Sun	3	01:05	3.90	07:06	1.90	13:51	4.00	19:56	2.00
Mon	4	02:28	3.80	08:27	2.00	15:05	4.10	21:14	1.90
Tue	5	03:46	3.90	09:39	1.90	16:10	4.30	22:19	1.60
Wed	6	04:50	4.20	10:40	1.60	17:04	4.50	23:13	1.30
Thurs	7	05:40	4.40	11:31	1.30	17:51	4.80	23:59	1.00
Fri	8			06:23	4.70	12:15	1.00	18:34	5.00
Sat	9	00:41	0.60	07:04	4.90	12:57	0.80	19:15	5.30
Sun	10	01:20	0.40	07:44	5.10	13:35	0.50	19:56	5.40
Mon	11	01:58	0.20	08:24	5.30	14:13	0.40	20:36	5.50
Tue	12	02:35	0.10	09:02	5.30	14:50	0.40	21:15	5.50
Wed	13	03:12	0.10	09:40	5.30	15:27	0.50	21:53	5.40
Thurs	14	03:49	0.30	10:19	5.10	16:06	0.70	22:34	5.10
Fri	15	04:29	0.60	11:01	4.90	16:49	1.00	23:21	4.80
Sat	16	05:14	1.00	11:52	4.70	17:43	1.30		
Sun	17	00:23	4.50	06:14	1.40	12:59	4.40	18:59	1.50
Mon	18	01:44	4.30	07:36	1.70	14:21	4.40	20:32	1.60
Tue	19	03:16	4.30	09:06	1.70	15:49	4.50	21:57	1.30
Wed	20	04:41	4.50	10:26	1.50	17:05	4.80	23:05	1.00
Thurs	21	05:44	4.80	11:27	1.10	18:02	5.10	23:58	0.60
Fri	22			06:33	5.00	12:15	0.80	18:48	5.30
Sat	23	00:42	0.40	07:14	5.20	12:57	0.60	19:26	5.40
Sun	24	01:21	0.30	07:50	5.20	13:33	0.50	19:59	5.40
Mon	25	01:56	0.20	08:21	5.20	14:07	0.50	20:29	5.40
Tue	26	02:28	0.30	08:49	5.20	14:38	0.60	20:57	5.30
Wed	27	02:58	0.50	09:17	5.10	15:07	0.70	21:26	5.10
Thurs	28	03:24	0.80	09:45	4.90	15:34	1.00	21:56	4.80
Fri	29	03:51	1.10	10:17	4.70	16:04	1.30	22:29	4.50
Sat	30	04:21	1.40	10:54	4.40	16:40	1.60	23:10	4.20
Sun	31	04:58	1.80	11:42	4.10	17:29	1.90	00:07	3.80

SEPTEMBER 2025

FOYNES ISLAND TIDE TABLE



Date	Time	Ht	Time	Ht	Time	Ht	Time	Ht
Mon 1	05:54	2.10			12:51	3.90	18:55	2.20
Tue 2	01:39	3.70	07:37	2.30	14:19	3.90	20:41	2.10
Wed 3	03:15	3.80	09:14	2.10	15:36	4.20	21:54	1.70
Thurs 4	04:25	4.20	10:20	1.70	16:37	4.50	22:48	1.30
Fri 5	05:16	4.50	11:10	1.30	17:26	4.90	23:34	0.90
Sat 6	05:59	4.90	11:54	0.90			18:10	5.20
Sun 7 ☹️	00:16	0.50	06:40	5.20	12:34	0.60	18:52	5.50
Mon 8	00:56	0.20	07:20	5.50	13:14	0.30	19:33	5.70
Tue 9	01:34	0.00	08:00	5.60	13:51	0.20	20:15	5.80
Wed 10	02:12	-0.10	08:39	5.60	14:28	0.20	20:55	5.70
Thurs 11	02:49	0.10	09:17	5.50	15:06	0.30	21:35	5.50
Fri 12	03:25	0.40	09:56	5.30	15:44	0.60	22:17	5.20
Sat 13	04:05	0.80	10:38	5.00	16:28	1.00	23:06	4.80
Sun 14 ☾	04:50	1.30	11:30	4.60	17:23	1.40	00:12	4.40
Mon 15	05:52	1.70			12:43	4.40	18:49	1.70
Tue 16	01:43	4.20	07:28	2.00	14:16	4.30	20:31	1.70
Wed 17	03:21	4.30	09:08	1.90	15:48	4.50	21:54	1.30
Thurs 18	04:37	4.60	10:22	1.50	16:56	4.90	22:53	1.00
Fri 19	05:31	4.90	11:13	1.10	17:46	5.20	23:39	0.60
Sat 20	06:13	5.10	11:56	0.80			18:26	5.30
Sun 21 🌕	00:19	0.40	06:49	5.30	12:33	0.60	19:00	5.40
Mon 22	00:54	0.40	07:19	5.30	13:07	0.50	19:29	5.40
Tue 23	01:26	0.40	07:48	5.30	13:38	0.50	19:58	5.40
Wed 24	01:55	0.50	08:15	5.30	14:07	0.60	20:25	5.30
Thurs 25	02:23	0.60	08:42	5.20	14:34	0.80	20:54	5.10
Fri 26	02:48	0.90	09:10	5.00	15:02	1.00	21:24	4.80
Sat 27	03:14	1.20	09:41	4.80	15:31	1.20	21:56	4.50
Sun 28	03:43	1.50	10:16	4.50	16:05	1.50	22:34	4.20
Mon 29	04:18	1.80	10:59	4.20	16:49	1.90	23:26	3.90
Tue 30 🌑	05:08	2.20			12:01	4.00	18:01	2.10

OCTOBER 2025

FOYNES ISLAND TIDE TABLE



Date	Time	Ht	Time	Ht	Time	Ht	Time	Ht
Wed 1	00:51	3.70	06:41	2.40	13:33	3.90	19:57	2.10
Thurs 2	02:35	3.90	08:38	2.20	14:56	4.20	21:16	1.70
Fri 3	03:48	4.30	09:47	1.80	16:00	4.60	22:13	1.30
Sat 4	04:42	4.70	10:38	1.30	16:52	5.00	23:01	0.80
Sun 5	05:27	5.10	11:24	0.80	17:39	5.40	23:45	0.40
Mon 6			06:10	5.40	12:06	0.50	18:24	5.70
Tue 7 ☾	00:27	0.10	06:52	5.70	12:47	0.20	19:08	5.90
Wed 8	01:07	0.00	07:33	5.80	13:27	0.10	19:52	5.90
Thurs 9	01:47	0.00	08:14	5.80	14:07	0.20	20:35	5.80
Fri 10	02:26	0.20	08:55	5.60	14:47	0.40	21:18	5.50
Sat 11	03:05	0.60	09:37	5.40	15:28	0.70	22:05	5.20
Sun 12	03:46	1.00	10:22	5.00	16:15	1.10	22:58	4.70
Mon 13 ☾	04:35	1.50	11:18	4.70	17:17	1.50	00:09	4.40
Tue 14	05:43	1.90			12:33	4.40	18:45	1.70
Wed 15	01:36	4.20	07:21	2.10	14:03	4.40	20:17	1.60
Thurs 16	03:04	4.40	08:51	1.90	15:27	4.60	21:31	1.40
Fri 17	04:12	4.70	09:58	1.50	16:30	4.90	22:26	1.00
Sat 18	05:02	5.00	10:47	1.20	17:17	5.10	23:10	0.80
Sun 19	05:42	5.10	11:27	0.90	17:55	5.30	23:48	0.70
Mon 20			06:16	5.30	12:04	0.80	18:28	5.30
Tue 21 ☾	00:22	0.60	06:46	5.30	12:37	0.70	18:59	5.30
Wed 22	00:54	0.60	07:15	5.40	13:09	0.70	19:28	5.30
Thurs 23	01:23	0.70	07:44	5.30	13:38	0.70	19:58	5.20
Fri 24	01:51	0.90	08:13	5.20	14:07	0.90	20:29	5.00
Sat 25	02:18	1.00	08:43	5.10	14:36	1.00	21:00	4.80
Sun 26	02:46	1.30	08:14	4.90	14:07	1.20	20:33	4.60
Mon 27	02:18	1.50	08:49	4.60	14:43	1.50	21:11	4.30
Tue 28	02:55	1.80	09:31	4.40	15:28	1.70	22:00	4.10
Wed 29 ☾	03:46	2.10	10:27	4.20	16:31	1.90	23:13	4.00
Thurs 30	05:02	2.20	11:47	4.10			18:03	1.90
Fri 31	00:46	4.10	06:45	2.10	13:09	4.30	19:26	1.60

NOVEMBER 2025

FOYNES ISLAND TIDE TABLE



Date	Time	Ht	Time	Ht	Time	Ht	Time	Ht
Sat 1	02:00	4.40	08:01	1.80	14:16	4.70	20:29	1.20
Sun 2	02:59	4.80	08:59	1.30	15:13	5.00	21:23	0.80
Mon 3	03:50	5.20	09:49	0.90	16:05	5.40	22:11	0.50
Tue 4	04:37	5.50	10:36	0.50	16:55	5.60	22:57	0.20
Wed 5 ☾	05:23	5.70	11:21	0.30	17:43	5.80	23:42	0.20
Thurs 6			06:08	5.80	12:05	0.20	18:31	5.80
Fri 7	00:24	0.20	06:53	5.80	12:49	0.20	19:19	5.70
Sat 8	01:07	0.40	07:38	5.70	13:33	0.40	20:07	5.50
Sun 9	01:51	0.80	08:23	5.40	14:20	0.70	20:57	5.10
Mon 10	02:36	1.10	09:12	5.10	15:11	1.00	21:52	4.80
Tue 11	03:28	1.50	10:07	4.80	16:11	1.30	22:56	4.50
Wed 12 ☾	04:32	1.80	11:14	4.60	17:24	1.60		
Thurs 13	00:08	4.40	05:51	2.00	12:30	4.50	18:39	1.60
Fri 14	01:23	4.40	07:09	1.90	13:44	4.60	19:48	1.50
Sat 15	02:29	4.60	08:16	1.70	14:48	4.70	20:45	1.30
Sun 16	03:22	4.80	09:09	1.40	15:38	4.90	21:32	1.10
Mon 17	04:04	5.00	09:53	1.20	16:20	5.00	22:12	1.00
Tue 18	04:41	5.10	10:32	1.00	16:57	5.10	22:49	0.90
Wed 19	05:15	5.20	11:09	0.90	17:31	5.10	23:23	0.90
Thurs 20 ☾	05:47	5.30	11:43	0.90	18:05	5.10	23:56	1.00
Fri 21			06:19	5.20	12:17	0.90	18:38	5.00
Sat 22	00:27	1.10	06:51	5.20	12:48	1.00	19:11	4.90
Sun 23	00:58	1.20	07:23	5.10	13:21	1.10	19:44	4.80
Mon 24	01:30	1.30	07:57	5.00	13:55	1.20	20:19	4.70
Tue 25	02:05	1.40	08:33	4.80	14:33	1.30	20:58	4.50
Wed 26	02:45	1.60	09:14	4.70	15:17	1.40	21:44	4.40
Thurs 27	03:33	1.70	10:04	4.50	16:11	1.50	22:43	4.30
Fri 28 ☾	04:35	1.90	11:08	4.50	17:18	1.60	23:57	4.30
Sat 29	05:51	1.90			12:21	4.50	18:32	1.50
Sun 30	01:09	4.50	07:09	1.70	13:30	4.70	19:41	1.20

DECEMBER 2025

FOYNES ISLAND TIDE TABLE



Date	Time	Ht	Time	Ht	Time	Ht	Time	Ht
Mon 1	02:14	4.80	08:15	1.40	14:33	5.00	20:42	1.00
Tue 2	03:12	5.10	09:14	1.00	15:33	5.20	21:38	0.70
Wed 3	04:06	5.40	10:08	0.70	16:30	5.40	22:30	0.60
Thurs 4 	04:58	5.50	11:00	0.50	17:26	5.50	23:21	0.50
Fri 5	05:49	5.70	11:50	0.40	18:19	5.60		
Sat 6	00:09	0.50	06:39	5.70	12:38	0.30	19:10	5.50
Sun 7	00:56	0.60	07:27	5.60	13:27	0.40	20:00	5.40
Mon 8	01:43	0.80	08:14	5.50	14:14	0.60	20:48	5.20
Tue 9	02:29	1.00	09:01	5.30	15:03	0.80	21:37	4.90
Wed 10	03:16	1.30	09:49	5.00	15:53	1.10	22:28	4.70
Thurs 11 	04:07	1.50	10:42	4.80	16:47	1.30	23:25	4.50
Fri 12	05:05	1.70	11:42	4.60	17:47	1.50		
Sat 13	00:27	4.40	06:12	1.80	12:47	4.40	18:51	1.60
Sun 14	01:31	4.40	07:20	1.80	13:53	4.40	19:52	1.60
Mon 15	02:31	4.50	08:22	1.70	14:53	4.50	20:47	1.50
Tue 16	03:22	4.70	09:16	1.50	15:44	4.60	21:36	1.40
Wed 17	04:07	4.80	10:02	1.30	16:29	4.70	22:19	1.30
Thurs 18	04:48	5.00	10:45	1.20	17:10	4.80	22:59	1.20
Fri 19	05:25	5.10	11:24	1.10	17:48	4.90	23:37	1.20
Sat 20 			06:01	5.10	12:02	1.00	18:24	4.90
Sun 21	00:12	1.10	06:36	5.20	12:37	0.90	19:00	4.90
Mon 22	00:47	1.10	07:10	5.20	13:12	0.90	19:34	4.90
Tue 23	01:22	1.10	07:46	5.10	13:48	0.90	20:10	4.90
Wed 24	01:59	1.10	08:22	5.10	14:25	0.90	20:48	4.80
Thurs 25	02:37	1.20	09:01	5.00	15:05	1.00	21:29	4.70
Fri 26	03:19	1.30	09:44	4.90	15:49	1.10	22:16	4.60
Sat 27 	04:08	1.40	10:34	4.70	16:41	1.20	23:14	4.60
Sun 28	05:07	1.60	11:36	4.70	17:43	1.30		
Mon 29	00:21	4.60	06:19	1.60	12:47	4.70	18:55	1.30
Tue 30	01:31	4.70	07:34	1.50	13:59	4.70	20:05	1.20
Wed 31	02:38	4.90	08:44	1.20	15:10	4.90	21:10	1.10